

GROUP FACILITATION IN ACTION

*A co-created workshop, with opportunities to practice and experience,
with feedback and learning from what happens*

Led by John Gloster-Smith, MAHPP

Facilitation is an art, which when well executed, enables major realisations within those who participate. Facilitation, as we would understand it, is not about “doing things” but a way of serving, being with people, attending to them, asking effective questions, working with groups and setting up processes that encourage ownership and empower others.

This highly experiential workshop will use the [Humanistic/Transpersonal model](#) and will include:

- Applying facilitative skills when leading groups
- Planning and structuring a facilitative programme and ensuring safety
- Developing a sense of what is happening in a group, of “group process”
- Relating what happens to theory, specifically the Humanistic/Transpersonal model
- Enhancing your self-awareness as a group leader
- Reflecting on and developing your key qualities as a facilitator
- Working with challenging issues and situations
- Expanding your range of interventions

Action learning

This workshop will have a strong action flavour, with specific events led by individual participants, who will be allocated activities before the event, with a chance to get feedback and learn from what happens in the group. The intention is to provide a balance between informational in-put, experiential activities involving the group and a range of learning opportunities, along with plenty of opportunity for facilitative practice by members of the group. Periodically the group will reflect on what has been happening for maximum learning.

In practice what will happen during the two days will to some extent be co-created and adjusted to the needs of the group and its size, in the spirit of true facilitation.

Comments from participants

"I enjoyed the weekend very much and appreciated the way the course was structured to experientially demonstrate what we were there to learn, very clever! I liked the pace of delivery and the flexibility given to course content and especially enjoyed the natural way in which it was facilitated. I found the workshops very beneficial and I learned a lot from other participants. I really liked the diversity of techniques shown to facilitate a group and I feel more encouraged and inspired to participate in and facilitate group work in the future". (S.T.)

Booking form for Facilitation in Action

Workshop dates: 28-29 June 2008

Investment: £165 (early bird), **£195** (from 15 May 2008), including VAT.

Venue: Regents College, Inner Circle, Regents Park, London, NW1 4NS.

Timings: 10.00 to 17.30 each day.

Details of Regents College may be obtained through their website at www.conferences.regents.ac.uk. The "Contact Us" page gives you maps and directions. It is near Regents Park tube station and is in Regent's Park. Parking at the college at the weekend is possible. There is a cafeteria on site for breaks.

You will need to bring your own packed lunch or use the cafeteria.

You can reserve a place for a deposit of **£85** incl. VAT, but we will need the full fee by 10 June 2008.

The deposit and full fee is non-refundable within 4 weeks of the event, unless we have to cancel.

There is a ceiling on attendees of 10 people to ensure all get to do some practice. You will be sent a short activity to prepare at least 2 weeks before the event.

.....(cut here).....

Facilitation In Action, 28 - 29 June 2008, Regents College, London.

To book for the above event, please give the following information:

NAME.....

ADDRESS

.....

.....

POST CODE.....

E-MAIL ADDRESS.....

Contact telephone number.....

Full fee/deposit (please delete) enclosed £.....

Tick here if you need a VAT invoice:.....

Send to: The Empowering Partnership Ltd, 21 Fynamore Gardens, Calne, Wiltshire, SN11 0UA
Tel. 01249-813188. Website: www.consultexcel.com
e-mail contact: john.gs@empoweringpartnership.com